

Home Science

Revision Exercise

1. Define Home Science
2. State two points to consider when choosing and using each of the following.
 - (a. Shoes
 - (b. Clothes
 - (c. Cosmetics
 - (d. Toothbrush
3. Describe how to care for leather and canvas shoes.
4. Give three ways of enhancing personal appearance.
5. Explain the causes and prevention of five common accidents in the home.
6. State four basic instructions on use of medicines.
7. Ways in which medicines may be misused and abused.
8. State factors to consider when providing family shelter.
9. Give three advantages and two disadvantages of each of the following.
 - (a. Building a house
 - (c. Buying a house
 - (d. Renting a house
10. Differentiate fixed dirt from loose dirt.
11. Give points on daily care of brooms, dustpans, buckets, floor cloth and mops.
12. Describe the procedure of for cleaning glass windows, terrazzo cement floors and polished floors.
13. Explain the general points to consider when buying kitchen equipment.
14. Describe the safety precautions and rules when handling kitchen equipment.
15. Differentiate food poisoning from food spoilage, sedimentation from filtration.
16. Discuss where and how you would store the following food in the refrigerator;
Milk, raw fish, eggs, and kale.

17. State the factors that determine the method of cooking to be used.
18. Explain three rules to observe when stewing, boiling, steaming and frying food.
19. State the disadvantages of frying food.
20. State advantages and disadvantages of the drainage systems.
21. Briefly explain two methods of disposing inorganic refuse in a home.
22. State the causes of poor sanitation.
23. Explain choice, use and care of an ironing board, basins and buckets, boilers, washing machine, laundry brush cabinet driers, and charcoal iron.
24. Differentiate soaps from soapless detergents.
25. Describe the soap making methods.
26. List the types of soaps and substances added to soaps and soapless detergents during manufacture.
27. Differentiate Temporary from permanent hardness.
28. Describe the methods of softening temporary and permanent hard water.
29. Give reasons for use of starch when washing clothes.
30. Explain reasons for carrying out the following laundry processes.
 - (a. Soaking
 - (b. Sorting articles before washing
 - (c. Finishing processes.
 - (d. Airing clothes before storage
31. Differentiate between wear and tear.
32. Explain the causes of wear and tear in garments and household articles.